

2017 East Zone Region D Intermediate and Age Group Championships
May 20-21st



ANA YMCA Facility Usage

- **Entering & Exiting the Building**

Please enter and exit through the left hand side of the building – not the main entrance. Parking is available around the left side of the building. If you are just dropping off your athlete, please use the first bay parking area.

- **Bag Storage**

Athletes may store their backpacks and other personal items in the Gymnasium (please look for signage – teams will be assigned specific areas of the gym). Backpacks may not be brought into the pool area due to limited bleacher space and may not be left in the locker rooms. There is no food or drinks allowed in the gymnasium or pool area.

- Tables will be set up for eating areas in the Lobby

- **Locker Rooms**

The Girl's Locker Room is available for teams which are open to the public. Please be considerate. There is a dry bathroom for coaches, officials and spectators outside the pool area.

- **Gel Station**

The Gel Station is located in The Girl's Locker Room. Athletes MAY NOT de-knox in the locker rooms. Please pick up all bobby pins from your area before leaving.

- **Ready Room**

Athletes will prepare for their competition swims in Child Watch 2 at least two routines before their draw. You may land drill your routines in the gymnasium or ready room. Always walk, do not run in the building.

- **During Competition Note**

The athletes will enter through the deep end pool deck door and exit through the girl's locker room.

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- **Concessions**

Concessions are available all day at our café, Fitness Refreshments, in the main lobby – breakfast, lunch and dinner items will be available for sale. Order forms for additional food options are due by Tuesday May 16th.

- Athletes and spectators can use lobby areas to sit and eat snacks or meals. Eating areas will be provided outside the gymnasium and lobby areas.

- **Coaches and Officials**

Hospitality is located in the Meeting Room across from the pool deck. Coaches and officials will be provided with meals, snacks and beverages.

- **Merchandising**

There will be synchro and clothing merchandise available for purchase during the competition.

- **Awards**

Awards will take place in the gymnasium when results are available and once the locker rooms are clean. All athletes must dry off completely before entering and exiting the gymnasium.